Remembering Yesterday, Caring Today Training (RYCTT) France

The partnership with ERN

Our partnership project aimed to empower employees and family carers of people with dementia by giving them reminiscence and life story skills to improve communication with their relatives.

Through reminiscence work conducted over a two-year period, we have:

- a) Trained 2 trainer-leaders
- b) Organized the training of 8 apprentices to share memories on important life themes and to stimulate the people with dementia to participate actively in related creative activities.
- c) Set up workshops run by apprentices
- d) Helped the apprentices to write and presented their thesis
- e) Organized a medico social jury for the presentation of apprentices thesis for <u>obtention</u> of "Accreditation certificate facilitator"
- f) Participed in 3 partner meeting (Prague, Barcelone, Londres) to improve the training
- g) Organized in Perpignan-France, on 18th April 2013 a meeting with our European partners. The conference was open to the medical social public of the region, families' carers and volunteers.
- h) Used creative reminiscence arts and life story approaches and developed new ideas for sharing our work across cultures and generations
- i) Set up a training with apprentices in 2 training center, partner of our association: I.F.A.S Nursing assistant school (2014), GIORGIFONT, Socio-aesthetical school (2013)
- j) Translated and adapted for French cares homes, the user manual written by our Dutch partner: "Animer des ateliers reminiscence en institution" 40 pages given to the apprentices at the end of the training.
- k) Organized for Conseil Général, a governmental agency, with apprentices and families, an exhibition « Memory boxes » in Perpignan du 3rd-13th June 2014
- Put into our website « <u>vivre3age.com</u> » reminiscence project information and links films about workshops via YouTube
- m) Realized in October 2013 a 5 minutes video clip on reminiscence in homes for a competition organized by a governmental health agency (A.R.S)
- n) Realized 2 films "Reminiscence: a multi-discipline training experience" shown in the French meeting (April 2013) and "Remember me" for the English meeting (June 2014)